

### **KNITTING ABBREVIATION**

K	Knit
P	Purl
CO	Cast On
BO	Bind Off
YO	Yarn Over
KF/B	Knit in front and back of stitch
K2 tog:	Knit 2 stitches together
Finish Off:	Cut yarn to about 14 inches and pull through stitches on needle.



*The Bluebonnet Knitters Guild of North Texas does community service knitting for the LaDora Nursing and Rehab Center, Bedford-Eules Road, Bedford, Texas. The items knitted are slippers, lap robes, washcloths and prayer shawls.*

*Here is a sampling of some of our favorite knitting patterns.*

### ***CUDDLE BOOTS ORIGINAL PATTERN***

Needle: Size 15

YARN: Knitting Worsted

3 or 4 strands

STITCHES: Cast on 29 sts. w/ 3 or 4 strands of yarn

Row 1: Knit

Row 2: K11, P1, K5, P1, K11

Repeat for 13 rows (6 ridges)

Bind off 6 stitches beginning of next 2 rows

Knit 12 more rows (12 ridges on right side)

Next row decrease 3 stitches across row,  
(1 each end and 1 in middle )

Knit 6 more rows even

Knit 2 tog. Across row

Finish Off

### ***DIXIE'S VARIATION Combination of CUDDLE BOOT AND SLIPPER W/CUFF BIG NEEDLE***

Needle: Size 15

YARN: Knitting Worsted

3 or 4 Strands

STITCHES: Cast on 29 sts. w/3 or 4 strands yarn

Row 1: Knit

Row 2: K11, P1, K5, P1, K11

Knit in pattern for 14 rows (7 ridges)

Bind off 6 stitches beginning of next 2 rows

Knit 3 rows in pattern

Next row decrease 3 stitches across row,  
(1 each end and 1 in the middle)

Toe:

Row 1: K1, P1

Row 2: P1, K1

Repeat for 8 rows

Knit 2tog across row

Finish off

**WOMAN'S SLIPPER WITH CUFF  
ORIGINAL PATTERN**

NEEDLE: Size 10 or 10-1/2

YARN: Knitting Worsted 2 strands

STITCHES: Cast on 41 (47) sts. w/ 2 strands of yarn

Row 1: K5, P1, K29 (35), P1, K5

Row 2: K15 (17), P1, K9 (11), P1, K15 (17)

Repeat these two rows for 26 rows (32 rows) (13 ridges for women  
– 16 ridges for men)

Bind off 6 stitches beginning of next 2 rows

Knit 4 rows (6 rows) {2 ridges for women – 3 ridges for men} even in  
pattern.

TOE: Row 1: P1, K1,

Row 2: K1, P1

Repeat these two rows 6 (8) more times (14  
rows altogether for women – 18 for men)

K2tog. Across row

Finish off by pulling yarn through stitches on needle.

**LUCY'S VARIATION Combination of  
CUDDLE BOOT AND SLIPPER W/CUFF SMALL NEEDLE**

NEEDLE: Size 10 or 10-1/2

YARN:

Knitting Worsted 2 strands

STITCHES: Cast on 43 sts. w/ 2 strands of yarn

Row 1: Knit

Row 2: K16 (18), P1, K9 (11), P1, K16 (18)

Knit in pattern for 26 rows (13 ridges) – (32 rows {16 ridges})

Bind off 7 stitches at the beginning of next  
two rows

Knit 4 more rows (6 more rows)

Toe: Row 1: P1, K1

Row 2: K1, P1

Repeat for 6 times (8 times) 14 rows {18 rows}

K 2 tog. across row

Finish off.

**WOMAN'S SLIPPER WITH CUFF  
BIG NEEDLE VERSION**

Needle: Size 15

YARN: Knitting Worsted 4 strands

STITCHES: Cast on 28 sts.

Row 1: K3, P1, K20, P1, K3

Row 2: K10, P1, K6, P1, K10

Repeat these two rows for 14 rows (7 ridges).

Bind off 4 stitches beginning of next 2 rows

Knit 3 rows {2 ridges for women} even in pattern.

Next row decrease 3 stitches (1 each end, 1 middle)

Toe: Row 1: P1, K1,

Row 2: K1, P1

Repeat these two rows 8 rows altogether

K2tog. Across row

Finish off by pulling yarn through stitches  
on needle.

Finish Off

**ADULT SLIPPER SOCKS**

Yarn: 3 or 4 Strands of Knitting Worsted

Needles: Size 13 Needles

Cast On: 36 Stitches for Women 40 Stitches for Men

Knit 16 rows (Garter Stitch)

K2tog 3 times on the next 2 rows

Bind off 4 sts. On next 2 rows 22 sts for women, 26 sts for men

K2, P2, for 12 rows

Bind off. Fold in half and stitch.

### ***ADULT BOOTIES***

Needles: Size 9

Yarn: Double Strand of Worsted Weight

Cast On 53 Stitches

Row 1: Knit

Row 2: K-f/b, K24, K-f/b, K1, K-f/b, K24, K-f/b (57 Stitches)

Row 3: Knit

Row 4: K-f/b, K24, K-f/b, K5, K-f/b, K24, K-f/b (61 Stitches)

Rows 5-9: Knit

Rows 10-17: Seed Stitch

Row 18: K 33, K2 tog., turn

Row 19: Sl1, purl 5, P2 tog, turn

Row 20: Sl1, Knit 5, K2 tog, turn

(Continue till 35 stitches remain) Knit across. P19, P2 tog,  
Purl Across (33 Stitches)

K2, P2, Increase in 16 or 17th Stitch – (34 Stitches) K2, P2 for  
5 Rows

Bind off loosely.

### ***DORM BOOTIES***

NEEDLES: Size 10

YARN: Double Strand Worsted Weight

Cast on 50 Stitches

Knit 16 Rows in Garter Stitch (8 Ridges)

K22, K2 tog, K2, K2 tog, K22

P21, P2 tog., P2, P2 tog., K21

(Continue decreasing two stitches each row in this  
manner, until there are 20 stitches)

Knit 5 Rows for cuff.

Bind off loosely.

Sew sole seam.

***BOW FOR ANY AND ALL SLIPPERS***

Needle: Size 10 or 10-1/2

Yarn: Knitting Worsted – 2 Strands

Cast on: 12 stitches

Knit in Garter Stitch for 14 rows. Bind off.  
Fold in half and tie in the middle.

Stitch to slipper.

**KNIT LAP ROBE**

Yarn: Knitting Worsted (2 Strands)

Needles: Size 13

Cast on: 65 Stitches w/2 strands of yarn

Directions: K3, P1 across row, end K1

Repeat for 60 inches or desired length.

Bind off.

***Beginning Knitting Pattern  
GRANDMA'S FAVORITE DISHCLOTH***

**REQUIREMENTS**

Yarn: 1 ball of knit worsted weight cotton (Sugar N' Cream)  
50 gm size

Needles: Size 9 to 10 1/2

**DIRECTIONS**

Cast on 4 sts.

Row 1: Knit one row.

Row 2: K2, YO, knit to the end of the row.

Repeat row 2 until there are 40 sts (for dish scrubber) or 50 sts (for facecloth).

Next row: K1, K2tog, YO, K2tog, knit to the end of the row.

Continue decreasing until 4 sts left.

Cast off.

***Free Knitting Pattern from Lion Brand Yarn  
Lion Brand® Homespun®  
HEARTFELT SHAWL  
Pattern Number: 81040AD***

**SKILL LEVEL:** Beginner

**SIZE:** One Size

About 25 x 60 in. (63.5 x 152.5 cm)

**CORRECTIONS:** None as of Apr 12, 2010.

**MATERIALS**

- 790-315 Lion Brand Homespun Yarn: Tudor 3 Balls
- Lion Brand Knitting Needles - Size 10 [6 mm]
- Large-Eye Blunt Needles (Set of 6)

**GAUGE:**

10 stitches = 4 in. (10 cm) in Shawl pattern. BE SURE TO CHECK YOUR GAUGE. When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. If it takes you less stitches and rows to make a 4 in. [10 cm] square, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

**SHAWL**

Cast on 63 stitches.

**Row 1:** (Knit 3, purl 3) until the last 3 stitches, knit 3.

**Row 2:** (Purl 3, knit 3) until the last 3 stitches, purl 3.

Repeat these 2 rows until piece measures about 60 in. (152.5 cm). Bind off.

**FINISHING**

Weave in ends.

***UNCLE FRANK'S LAP ROBE***

Yarn: Knitting Worsted (2 Strands)  
Needles: Size 13

Cast on 64 Sts. w/2 strands of yarn

Directions:

Rows 1 and 2: Knit  
Rows 3 and 4: K2, P2  
Rows 5 and 6: Repeat rows 1 and 2  
Row 7 and 8: P2, K2

Repeat these 8 rows for pattern till lap robe is 60 inches or desired length.

Bind off and weave in ends.

***AUNT IZZY'S LAP ROBE***

Yarn: Knitting Worsted  
Needles: Size 9

Cast on 100 stitches

Directions:

Rows 1-5: Knit  
Row 6: Purl

Repeat rows 1-6 pattern till lap robe is 60 inches or desired length, ending with row 5

Bind off and weave in ends.



2011

*Bluebonnet Knitters Guild of North Texas*

## ***Community Service Patterns***

*March 19, 2011*



*These patterns are not for commercial use and should not to be sold.  
Please feel free to share with other knitters who do knitting for non-profit  
organizations.*